



	MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
9.15 h	2 buses hotel-sport hall				
10.00-12.00 h MORNING SESSION	15' Free warming up 4 x 4' ne waza 5 x 4' tachi waza	15' Free warming up 5 x 3' ne waza 5 x 3' tachi waza	15' Free warming up 3x3' ne waza 6x4' tachi waza	15' Free warming up 20' ne waza 5 x 4' tachi waza	15' Free warming up 4 x 3' ne waza 5 x 3' tachi waza
12.15 h	2 buses sport hall-hotel				
16.15 h	2 buses hotel-sport hall		FREE	2 buses hotel-sport hall	FREE
17.00-19.00 h AFTERNOON SESSION	15' Free warming up 7 x 4' tachi waza	15' Free warming up 7 x 4' + 1' (golden score)		15' Free warming up 7 x 4' tachi waza	
19.15 h	2 buses sport hall-hotel			2 buses sport hall-hotel	